



**AIRDRIE
FOOD
BANK**

Your Local Food Bank

We all need help sometimes. Now, more than ever, the **Airdrie Food Bank** is here to help you access food and other supports.



PANTRY PROGRAM



HAMPERS



REFERRALS



SERVICE AREA



SCHOOLS



AGENCIES



KITCHEN



GARDEN



HAMPERS

Each hamper contains enough food for 7-10 days and is individually prepared by our volunteers. Our hampers include balanced food choices such as fruit, vegetables, milk, eggs, bread, meat and non-perishables. We aim to meet the needs, dietary restrictions and preferences of you and your family.

- While booking a hamper pick-up time with our staff you will be asked to provide household information so our volunteers can build your hamper and we can connect you with additional supports.
- Hampers are scheduled by appointment and picked up from our contact-free drive-thru.
- Hampers can be accessed once every 30 days as needed.



REFERRALS

We partner with local agencies including **Community Links, ADVAS** and **AHS** to connect you with partner programs and resources. A variety of our partner programs support new and expectant parents.

- **Best Beginnings Hamper** provides nutritional support by providing access to nutritious foods and by reducing hunger for expecting parents and their families.
- **Formula Hampers** to support babies.
- **Milk for New Moms** provides milk to support nursing moms and their babies.



PANTRY PROGRAM

The **Airdrie Food Bank Pantry Program** is available during our regular office hours. Our **Food Recovery** partners support our **Pantry Program** which is available without a referral or appointment to those in need.

- Our pantry operates to provide additional support to our community.
- We do our best to stock a variety of foods, options change day to day based on our donations.
- You are encouraged to stop in to pick up bread and extra items as often as needed.



SERVICE AREA

We provide food support to those in need in **Airdrie, Crossfield, Balzac, Beiseker, Madden** and surrounding **North Rocky View County**.



airdriefoodbank.com

403-948-0063

info@airdriefoodbank.com

NEXT WEEK...

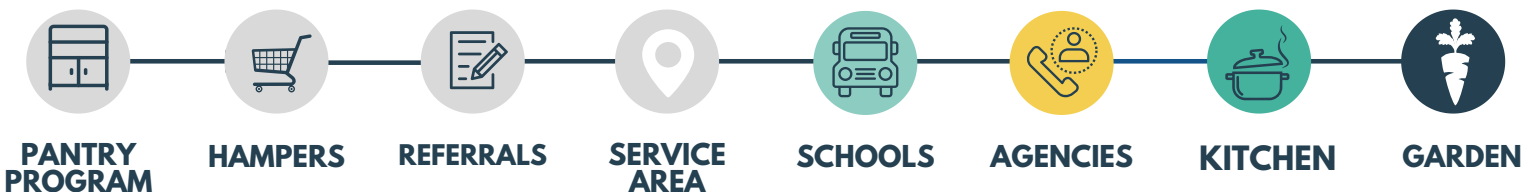




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SCHOOLS

Families in our community are struggling. In partnership with school staff and volunteers our goal is to ensure that children can focus on learning, not an empty lunchbox.

RJ Hawkey Breakfast Program

Every school day morning, our volunteers prepare healthy breakfasts. On peak days, over 50 students attend Breakfast Program.

Fuel 4 Kids Lunches

Volunteers make over 200 nutritious lunches each week to share with 4 local schools.

Snack Attack

We currently provide emergency shelf stable snack, breakfast and lunch items to over 25 schools in our service area. On average, we distribute 750 every week of the school year.



AGENCIES

Through sharing of resources, knowledge and referrals we work in collaboration with over 31 agencies and 15 food banks to help each other serve our neighbours in need.

Partner agencies include **Community Links, ADVAS, AHS, Airdrie Mental Health, employment agencies** and others.

- We provide referrals to our community partners to support access of additional resources and services.
- Visit airdriefoodbank.com/beyondfood for links to some of the agencies we partner with and free educational classes and information.
- If you are a local program or agency looking to partner with the Airdrie Food Bank please email info@airdriefoodbank.com



KITCHEN

The Community Kitchen has offered programming since 2016. It is a place where people come to learn with others and gain cooking skills while building social connections and community spirit. Through virtual programming since March of 2020 we have worked to keep that spirit alive!

- Classes and workshops span a variety of topics and are being updated on an ongoing basis.
- Visit airdriefoodbank.com/communitykitchen for more information.
- Programs are added and updated to reflect the interest and needs of our community.



GARDEN

From beets, potatoes and parsnips to carrots and rutabagas, our volunteers and community gardeners work hard all summer to increase the amount of fresh food we offer through our pantry program and food hampers.

- Produce pop-up nights provide an opportunity to try new vegetables increase access to fresh produce
- Grow-A-Row encourages gardeners of all abilities and crops of all sizes to think of their local food bank
- Garden produce inspires our Community Kitchen programs focused on preserving, pickling & more!



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