

AIRDRIE FOOD BANK'S MOST NEEDED



MOST NEEDED STAPLES

- Beans & Legumes
- Boxed Cereal (Cold and Hot)
- Canned Tomatoes, Fruit and Vegetables
- Condiments
- Dry Pasta
- **Flour***
- Jam & Honey
- Juice (1 Litre Boxes)
- Meat, Canned (Tuna, Chicken, Ham etc.)
- Milk, Evaporate and Powdered
- Milk Alternatives (Almond, Rice, Soy etc.)
- **Oats ***
- Pancake Mix
- Peanut Butter
- **Rice ***
- Side Dishes or meal kits (Rice-a-roni, Noodles, Rice etc.)
- Soup, Dried Large Packages
- Soup, Single Serve Cups
- **Sugar ***
- Sugar free items (for diabetics - Splenda, Diabetic Boost etc.)
- Syrup

DID YOU KNOW?

WE RELY ON OUR COMMUNITY

FOR DONATIONS OF
FUNDS FOR

90%

OF OUR OPERATING COSTS.

ONLY 10% COMES FROM
GOVERNMENT GRANTS

* These items can be donated in bulk and will be repackaged at the food bank.

OTHER NEEDED ITEMS

- Bathroom Tissue
- Facial Tissue
- Feminine Hygiene Items
- Household Cleaning Supplies
- Toothpaste & Bar Soap

SCHOOL PROGRAMS

- Juice Boxes 250 ml (No Sugar Added)
- Pasta Microwavable
- Peanut-Free, Non-Dipped Granola Bars
- Spreadable Cheese & Cracker Packs
- Tuna & Crackers Packs

BABY NEEDS

- Formula
- Enfamil Gentlease
- Diapers Sizes 4, 5 & 6
- Not needed: Diaper Sizes 1 to 4

DID YOU KNOW?

70%

OF OUR FOOD DONATIONS
COME IN DURING THE HOLIDAY
MONTHS

DID YOU KNOW?

OVER 500 VOLUNTEERS
PROVIDED NEARLY

20,000

HOURS OF THEIR TIME IN 2018
AT THE AIRDRIE FOOD BANK

DID YOU KNOW?

WE SUPPLIED JUST UNDER

25,000

SNACK ITEMS TO SCHOOLS
AND PROGRAMS DURING THE
2017-18 SCHOOL YEAR